FASHION GOES GAGA
CELEBS EMBRACE WEIRDER-IS-BETTER PHILOSOPHY {page 14}

ASPARAGUS GETS COSY WITH POTATOES
ROASTED VEGGIES GO UP A NOTCH {page 19}

SPOOKED
SHEEN'S TWITTER TIRADE ALARMS EX-WIFE {page 11}

VANCOUVER metro®
Thursday, March 31, 2011
www.metronews.ca
News worth sharing.

KEVIN WINTER/GETTY IMAGES FOR LARAS

▶ Nelly Furtado accepts the best female pop vocal album award during the 11th annual Latin Grammy Awards in November in Las Vegas.

Furtado takes to Twitter to galvanize young voters

- Those 18 to 34 typically under-represented in polls
- Nelly Furtado enlisting Arcade Fire, Justin Bieber to encourage Twitter followers to vote in federal election

Nelly Furtado flies like a bird, and now she tweets like one.

The Victoria songstress has taken to Twitter in an attempt to get more young voters to the polls on election day next month.

Furtado has spent the past few days tweeting her nearly two million followers — as well as other Canadian musicians like Arcade Fire and Avril Lavigne — about the importance of voting.

"Canada 18-34 Have u registered 2 vote yet? Our federal election is in less than 5 wks!" she tweeted.

"If youth continue 2 be no-shows at polls, our concerns will continue 2 be on mute."

Lindsay Meredith, a professor in marketing strategy at SFU's Beedie School of Business, said it's clear Furtado realizes her influence and knows social networking is the way to get through to young voters.

"The young crowd ... is not sitting there watching the six o'clock news, but they are certainly watching their cellphones and that's the strategy ... if you want to influence young people," he said.

Meredith said a message conveyed through Twitter holds extra weight because recipients are actively passing it on to others, as opposed to mass advertising, which we tend to ignore.

"If the customer actually takes action on the message (through re-tweeting), that reinforces it yet again," he said.

KRISTEN THOMPSON

@NellyFurtado tweets

- Let's vote 4 all youth who cannot- WE R SO BLESSED to be able to vote!!!
- Ok!!!CONFUSED YOUTH VOTERS!!! - GO TO cbc.ca/news/politics ... 2 do FUN QUIZ ! I just did! Talk about it!
- @avril_bandaids are you going to vote in our Canadian federal election on May 2nd? It's easy to fill out an away ballot if u r on tour. Xo
- @justinbieber encourage 18+ fans to vote in Canadian federal election!

Gadhafi's forces strike back

Ground troops reclaim key oil town {page 7}

Debate snub won't deter May

Green party leader willing to go to court over brushoff {page 3}

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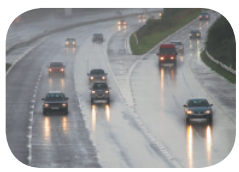

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1 news

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2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Music legend Robbie Robertson gets personal on his first album in 13 years. Video at metronews.ca

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PHYLICIA TORREVILLAS/METRO

▶ Exhibit curator Kevin Hubbarb in Vancouver yesterday with eight of the 30 artist-made merkins that will be part of the five-week exhibition. For a photo gallery of different merkins, visit metronews.ca/vancouver.

A different kind of bearded lady

New art exhibition showcases artist-made versions of merkins, or downstairs wigs

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

An unusual and thought-provoking art exhibit in Vancouver is reviving one trend from the 15th century when fashion was wild and body hair even wilder — the merkin.

Recent Emily Carr graduate Kevin Hubbarb's exhibit, which runs from Saturday to May 8, will showcase different artistic interpretations of the downstairs wig.

What is a merkin, you might ask?

It goes back many centuries when pubic lice were a common problem and women had to shave to relieve the itching and to get rid of the pests. Merkins, or pubic wigs, were invented to replace the shaved hair and were mostly worn by prostitutes so they could appear healthy.

"(I'm) trying to make a show that challenges my role as a curator, what a typical artist-run centre is and what typical art shows look like," said Hubbarb.

From the outside, the MERKINtile exhibition will look like a high-end boutique specializing in "designer" artist-made merkins. But once you go in, you'll be in on the joke. It's all part of Hubbarb's vision.

Hubbarb said the merkins will draw attention to topics such as power, gender, the body, design and fashion. The exhibit aims to encourage people to question just how the things they buy and wear shape them.

"Fashion is directly related to the body, but the fact that we buy these things and put them on our bodies change who we are," said Hubbarb. "I wanted to push it as far as possible to make it ridiculous."

MERKINtile

▶ The exhibit begins Saturday at 221 Artist Run Centre (221A East Georgia St.). For more info, visit 221a.ca.

ELECTION

Cummins shoo-in for Tories

It was just yesterday that John Cummins announced his leadership bid for the dormant B.C. Conservative Party.

Now the former Delta-Richmond South MP is looking forward to the hard job of growing the party into a legitimate third choice in B.C. after no other candidates rose up to challenge him by yesterday's midnight deadline.

"I still need to be voted in, but I would suppose (I'm leader)," said Cummins. "In the interim, we'll proceed on that basis and start setting our campaign and policy goals."

The longtime federal Conservative knows he has his work cut out for him, but said the response following his announcement has been "very encouraging."

MATT KIELTYKA

Kamloops campaign fails

For the fifth time in three months, a B.C. recall campaign has fizzled.

HST opponents admit they won't be able to collect enough signatures in Kamloops North to unseat Environment Minister Terry Lake. Earlier recall efforts failed in the Victoria and Comox areas.

THE CANADIAN PRESS

High-profile support for Dix

NDP leadership candidate Adrian Dix has won the endorsement of some more high-profile New Democrats.

Former cabinet ministers Ian Waddell and Gary Lauk say Dix can win the next election and do justice to NDP principles.

THE CANADIAN PRESS

Greens will debate on TV or in courtroom

Green Leader Elizabeth May willing to go to court over televised debate snub ▶ Argues that her party represents one in 10 Canadians

MATT KIELTYKA
@METRONEWS.CA

Federal Green party Leader Elizabeth May is determined to have her way.

Whether by stirring up public outrage or taking action through the courts, May is challenging the television networks that snubbed her from an upcoming election leaders' debate head-on.

"The airwaves are not the private domain of the media consortium," May said during a press conference in Vancouver. "I'm shocked by this decision. Because of a programming decision, they've decided that the Greens should not be at the debate."

The Saanich-Gulf Islands candidate is hoping public outcry will be enough to have broadcasters change their mind, but is willing to take her fight to court if need be.

"It's anti-democratic. Almost one million people voted for us in the last election," she said. "What's at stake here are not the fortunes of the Green party, but whether Canada has a full, healthy, modern democracy."

The party has hired a charter rights lawyer to argue its case.

"We're seeing a groundswell but if we have to, we can get to court on an emergency basis to get a ruling before the debate takes place," said May. "We are in a very tight spot in defending democracy. If we don't see a reversal, we will be forced to go to court."

A date for the televised leaders' debate has not yet been set.

MATT KIELTYKA/METRO

▶ Federal Green party Leader Elizabeth May speaks to media in Vancouver yesterday after not being invited to take part in a televised leaders' debate.

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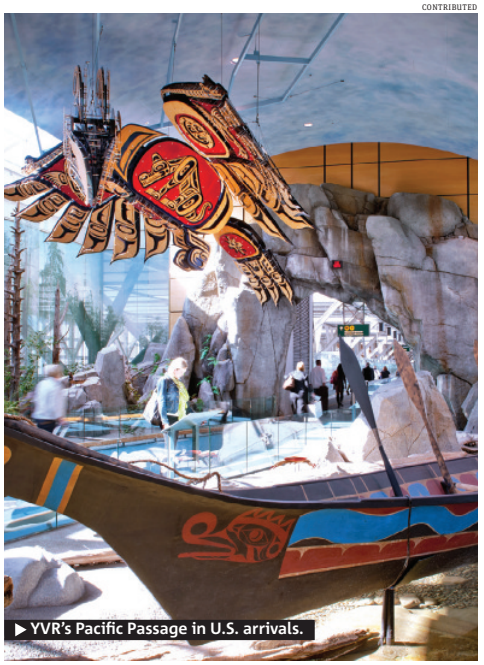
YVR once again voted North America's best

CONTRIBUTED



▶ YVR's Pacific Passage in U.S. arrivals.

Fairmont Vancouver chosen as best airport hotel in North America

KRISTEN THOMPSON
@METRONEWS.CA

Officials at YVR are flying high after the airport was voted the best in North America for the second straight year.

Nearly 12 million travellers cast their ballots for the 2011 World Airport Awards, which were handed out in Copenhagen yesterday.

"This award reflects the tremendous teamwork of all who work on Sea Island," said Larry Berg, president and CEO of YVR.

Airports were judged based on 39 criteria, including friendliness of staff, efficiency, availability of transportation and other passenger amenities.

"Our preparation for the Olympics ... paid big dividends in this survey," Berg said.

"What gives us an advantage is that we're one terminal ... (When) you have to take a train between terminals, there's lots of room for error."

Berg said another selling point is YVR's aesthetic value.

"We've tried to create a sense of place," he said. "You're not just in another airport in any city. When you're here, you know you're in British Columbia."

Big winners

- **Heathrow** Best airport shopping went to London's Heathrow Airport.
- **Hong Kong** The Regal Airport Hotel in Hong Kong took top airport hotel.

News in brief

Off-duty cop helps arrest suspect

PEDESTRIAN. An off-duty RCMP officer sprang into action and helped Vancouver police arrest a suspect in a hit-and-run collision that happened late yesterday afternoon.

According to police, a pedestrian was struck at the intersection of Howe and Davie streets and was rushed to hospital with multiple injuries.

Instead of staying at the scene, the driver allegedly fled but was arrested a short time later after the off-duty officer witnessed the crash and helped police to make the arrest.

The pedestrian is in stable condition.

MATT KIELTYKA

B.C. restores school grants

MAINTENANCE. The B.C. government is restoring $110 million in grants to schools for maintenance and other improvements.

The Liberals came under fire last year when they scrapped the grants in a cost-saving measure.

Education Minister George Abbott says the government is restoring the grants now so school districts can plan for summer maintenance and repairs.

THE CANADIAN PRESS

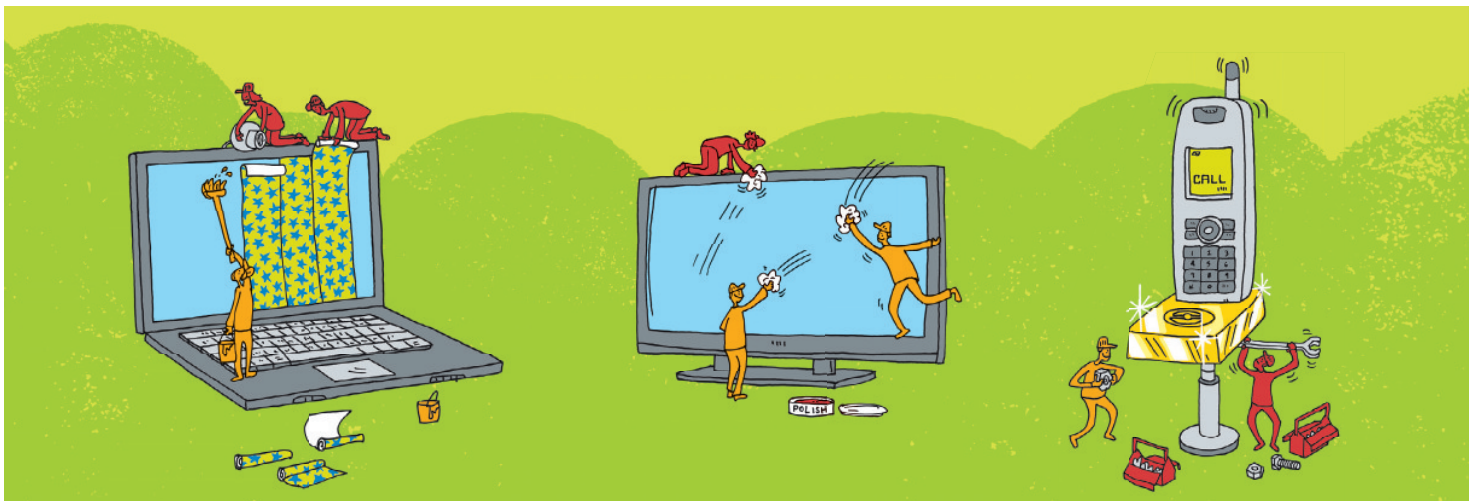
Police to make presence felt at funeral

MURDERED. Kamloops RCMP are planning to have a strong visible presence for the funeral and wake of a man murdered last week on an elementary school basketball court.

Archie LePetre's cousin, who was injured in the March 22 attack, is a member of a Lower Mainland criminal gang, police said.

The visible police presence aims to deter further violence.

METRO



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MEAGAN GILL/FOR METRO

▶ Const. Jana McGuinness holds the last known photo of Raymond Robertson.

Answers sought in slaying

Vancouver police release surveillance photo of murder victim, hoping to generate leads ◐ Victim is shown walking next to unidentified woman

MEAGAN GILL
VANCOUVER@METRONEWS.CA

Vancouver police are hoping a new surveillance photo can help them find the answers to the murder of a repairman living in the Downtown Eastside.

Raymond Robertson was found dead in his apartment, at 16 East Hastings St., on March 11.

"It's a sad loss for this community that this man has been brutally murdered," said Vancouver Const. Jana McGuinness.

A surveillance photo taken on March 8 shows Robertson walking with an unknown woman near Carrol and East Hastings streets.

"We don't know her connection to him," said McGuinness.

Pharmacy robberies on rise

Stealing narcotics from pharmacies seems to be a growing trend, according to Abbotsford police.

The most recent incident took place on March 25 at a pharmacy located in the 30,400 block of Blueridge Drive, where a robber made off with a small amount of cash and numerous narcotics, including Percocet, Tylenol and OxyContin.

Abbotsford Const. Ian Macdonald said OxyContin is a popular choice for robbers and that many pharmacies therefore don't keep a lot in stock.

"Amongst gangsters, OxyContin is in high demand," said Macdonald. "It can generate $10 to $80 per pill depending on the potency."

A couple of years ago, there was a series of robberies where robbers only requested OxyContin, according to Macdonald.

"They didn't ask for any other type of narcotic or painkiller and they didn't go after cash or credit card information. They just solely were looking for OxyContin."

MEAGAN GILL

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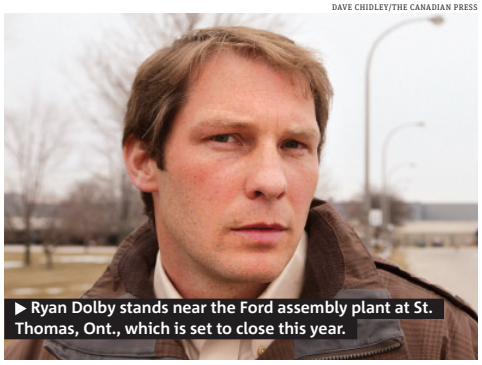
DAVE CHIDLEY/THE CANADIAN PRESS



▶ Ryan Dolby stands near the Ford assembly plant at St. Thomas, Ont., which is set to close this year.

NDP candidate backs rival in southern Ont. riding

- Layton's team taken by surprise, thrown into damage-control mode
- Tories say it's evidence coalition scheming is legitimate

Election 2011

The NDP campaign has hit a snag.

One of the party's candidates in London, Ont., pulled out of the election race yesterday to support his Liberal opponent — undermining a central part of the NDP campaign strategy.

Ryan Dolby stunned party officials by announcing he will support Liberal Graham Warwick in Elgin-Middlesex-London.

He told radio station AM980 he didn't want to split the vote and allow Conservative Joe Preston to win.

"I think it's the best decision on behalf of my family, my community, and my country to do whatever I can to make sure there isn't a Conservative victory, especially in this riding," Dolby said.

"I want to make sure we get a progressive MP — one that cares about improvements to the Canada Pension Plan, improvements to employment insurance, believes in democracy instead of contempt, and believes in sustainable job creation instead of building more prisons."

The move took both the NDP and Liberals by surprise. The Liberals were happy. The NDP, not so much.

NDP Leader Jack Layton said the party will have another candidate in place within 48 hours.

Liberal Leader Michael Ignatieff said Dolby's move shows Liberals are the only viable alternative to the voting for the Conservatives.

THE CANADIAN PRESS

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NADBANK FIGURES

Young adults making the switch to Metro

Metro Vancouver's readership continues to grow with young adults, according to results released yesterday by the Newspaper Audience Databank (NADbank).

Metro Vancouver had the highest increase of any newspaper in Vancouver in weekly readers between the ages of 18 to 34, representing a five per cent increase, to 175,200 weekly readers.

Metro Vancouver reaches 10 per cent of Vancouverites daily, and 24 per cent weekly, according to the NADbank 2010 results.

In comparison to NADbank 2009 results, Metro Vancouver's daily reach remains unchanged, but its weekly readership increased from 23 per cent to 24 per cent in 2010.

"I am delighted to see our significant weekly readership growth with our key age demographic groups of 18 to 34 and 18 to 49," said Metro Vancouver publisher Maryse Lalonde.

METRO

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Gadhafi makes gains despite western strikes

- Ground forces take strategic oil town from rebels
- Libya's troops adopt new evasion tactics, officials say

Moammar Gadhafi's ground forces recaptured a strategic oil town yesterday and moved within striking distance of another major eastern city, nearly reversing the gains rebels made since international airstrikes began.

Rebels pleaded for more help, while a U.S. official said government forces are making themselves harder to target by using civilian "battle wagons" with makeshift armaments instead of tanks.

Western powers kept up the pressure to force Gadhafi out with new airstrikes in other parts of Libya, hints that they may arm the opposition and intense negotiations behind the scenes to find a country to give haven to Libya's leader of more than 40 years.

Airstrikes have neutralized Gadhafi's air force and pounded his army, but his ground forces remain far better armed, trained and organized than the opposition.

Gadhafi's forces also have adopted a new tactic in light of the pounding airstrikes — leaving behind tanks and armoured vehicles in favour of a "gaggle" of "battle wagons": Minivans, sedans and SUVs fitted with weapons, a senior U.S. intelligence official said.

THE ASSOCIATED PRESS

Flight or fight

Diplomats tried to persuade Moammar Gadhafi to leave without military force.

- Uganda appeared to be the first country to publicly offer Gadhafi refuge. A spokesman for Uganda's president told The Associated Press that he would be welcome there.
- Libyan Foreign Minister Moussa Koussa left Tunisia for London after a two-day visit shrouded in secrecy. The report did not say why, and a British official said the report was "the first I've heard of it."

Blood donor rules change due to mad cow variant

Canadian Blood Services says it will begin excluding potential blood donors if they spent a total of six months or more in Saudi Arabia between 1980 and 1996.

It decided on the new policy after a probable case of variant Creutzfeldt-Jakob disease — the human form of mad cow disease — turned up in a Canadian resident who lived in Saudi Arabia between 1980 and 1996.

A question about time spent in Saudi Arabia will be added to the blood donor questionnaire.

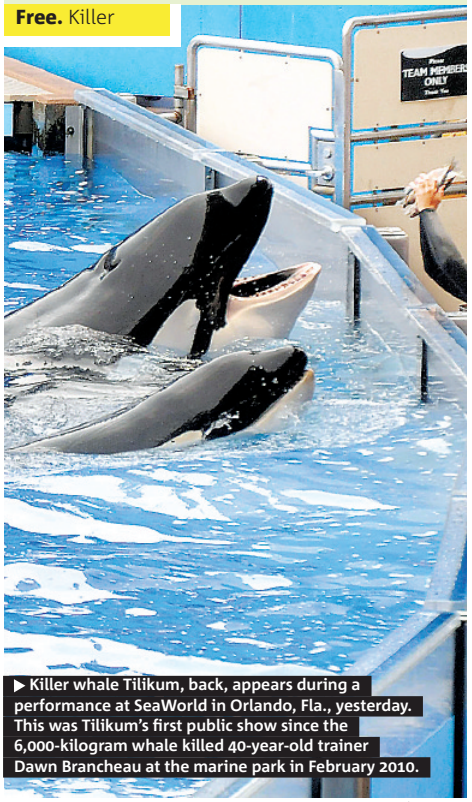
Officials say it's believed the probable case of vCJD was most likely acquired from imported British beef during that time period.

THE CANADIAN PRESS

3

Currently, people may not donate blood or plasma if they are known to have spent a cumulative total of three months or more in the U.K. or France between the years of 1980 and 1996.

Free. Killer



▶ Killer whale Tilikum, back, appears during a performance at SeaWorld in Orlando, Fla., yesterday. This was Tilikum's first public show since the 6,000-kilogram whale killed 40-year-old trainer Dawn Brancheau at the marine park in February 2010.

GERARDO MORA/GETTY IMAGES

Tilikum swims again

The killer whale that drowned a trainer last year at SeaWorld in Orlando is performing for the first time since the death. SeaWorld officials said Tilikum participated in the marine park's Believe show yesterday morning. Trainers remained out of the pool before a 5,000-person crowd at Shamu Stadium.

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He says ...

JOHN MAZEROLLE

I've decided that from now on I will embrace tax time.

If I get stuck on a convoluted tax form filled with Rumsfeldian unknown unknowns, I will accept it as a moment of Zen, staring into an emptiness I cannot begin to understand.

If the government sends me a message that my taxes were completed incorrectly, I will welcome it as the annual tradition it is — a family postcard from Big Brother.

And if I get audited, then I shall enjoy the warm childhood memories of being curled up in the fetal position.

Taxes are all about how you look at them. I have thought on multiple occasions that, though death and taxes are two sure things in life, at least death only happens once.

But, as tax season begins, I have revised my opinion as can be seen on schedule T1-ADJ T1 Adjustment Request Form, which is attached to your copy of Metro.

I am filing my change of heart under, "If you can't beat them, join them" because, like most people, I can't actually improve my tax experience because I don't understand my tax experience.

I fill out the boxes and get a response, yes, but it doesn't mean anything to me. I might as well be shaking a Revenue Canada 8-ball that says, "All signs point to amount owing."

Sure, I can use an accountant, but that's just handing it off to a person who will give me advice that I will pretend to understand. I will then respond with a thoughtful "Uh-huh" that I hope adequately dresses up my actual thought, which is, "Huh?"

"Taxes are all about how you look at them. I have thought on multiple occasions that, though death and taxes are two sure things in life, at least death only happens once."

I can't cheat on my taxes, either. I've known people who would gladly write off condoms if they were sleeping their way to the top, but economic deception has never been an option for me. I couldn't cheat on my taxes any more than I could cheat on an exam written in Sanskrit.

So all that's left is accepting my plight. I will think of my taxes in a positive light, because what other choice do I have? I see it this way now: I go into a tax office, I give a strange person papers that I don't understand, and in return that person usually gives me hundreds, sometimes thousands, of dollars in return.

Pretty sweet, right?

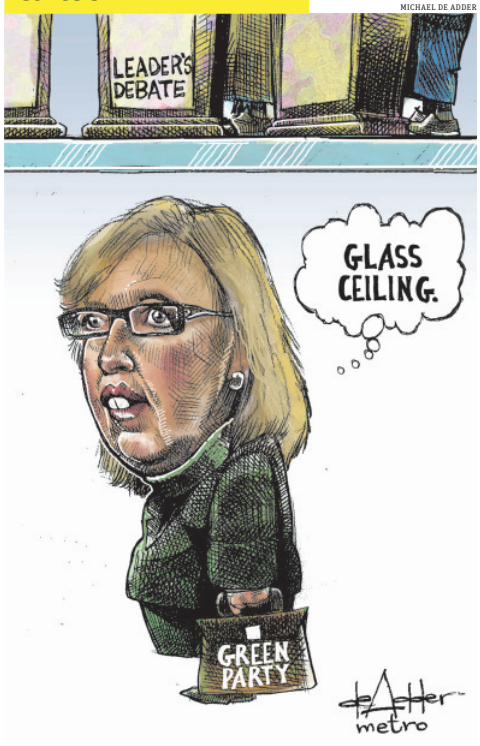
Right?

If this new approach doesn't work out for me, I'll be in the fetal position. It's my own choice of tax shelter.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



Don't be selfish, cyclists

Letters & Tweets

Rush hour blues

GETTY IMAGES

VANCOUVER. As a summertime cyclist and wintertime transit user, I consider myself sympathetic to the causes of both groups.

One thing that I find bothersome, however, is when I'm riding in a bus that's forced to slowly trail a cyclist riding in the curb lane of a busy street. This problem is really significant both on Main Street and Broadway, where often there are dozens of people on a rush hour No. 9 who are subject to the selfishness of a lone cyclist.

While the City of Vancouver's bike lane allocations are not perfect, there are still plenty of options.

In both of these cases, there are parallel bike routes — Ontario and 10th, respectively — that are not only bus-free, but are also designed to be cyclist-friendly. Both of those streets have traffic controls and pacing that complement cycle commuting.

Please, cyclists of the city, I beg of you: Don't be selfish. During rush hour, that curb lane is where buses carrying dozens of commuters are forced to travel. You have options. Please allow the transit system to be as efficient as possible.

After all, we're on the same side, aren't we?

MALLOREIGH HAMILTON

What odd things can your pet do?

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Metro Minute with Cherry Jam

Get ready for a jam-packed month of events in downtown Vancouver. The Vancouver Cherry Blossom Festival is kicking off its month-long festival with a free Cherry Jam concert today. The concert will feature many local performers, including Eagle Song Dancers, Jou Tou, Chibi Taiko, Spakwus Slulum, and Carnival Band.

It will take place from noon to 1:30 p.m. at the Burrard SkyTrain station on Burrard and Dunsmuir streets.

Cherry Jam is just one of the many events that will take place in Vancouver this month as part of celebrating the blossoming cherry tree. To learn more about Cherry Jam and the Vancouver Cherry Blossom Festival, visit www.vcbf.ca.

MEAGAN GILL

JEFF HODSON/METRO FILE

▶ Cherry blossoms in East Vancouver.

HMV Canada fine-tuning its stores

Redesigned chain to include more listening stations, interactive features Battling digital download sites

HMV Canada is getting a facelift to lure new business as the company's British owner considers selling off its 125 Canadian music and DVD stores.

The redesigned locations will sell a wider variety of products such as T-shirts, video games and headphones, and will have new fixtures and colour schemes. The first two remodelled stores will open in the Toronto area at the end of next month.

HMV Canada president Nick Williams says the stores will offer more opportunities for customers to try out products before they buy.

"We will start to bring in more interactive guest environments, and the videogame section allows us to do that quite positively," Williams said, adding that the company will expand its music listening stations to allow customers to test headphones available for purchase.

"There aren't many retailers that do that. Most of them just sell it off a peg," he said.

The company is also continuing to expand its non-music-related products to generate different sources of income and appeal to a broader group of customers.

The British parent is struggling with more than $200 million in debt as a result of increased competition from digital download websites. THE CANADIAN PRESS

Market moment

TSX	Dollar
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Bosnia	13.9 ¢/min	Philippines	11.9 ¢/min
China	1.9 ¢/min	Poland	1.9 ¢/min
Colombia	from 3.9 ¢/min	Russia	from 1.9 ¢/min
Cuba	89.9 ¢/min	South Korea	2.9 ¢/min
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Germany	1.9 ¢/min	Trinidad	4.9 ¢/min
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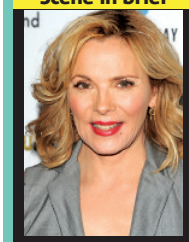
2 scene

Scene in brief



After 12 years playing sultry screen vixen Samantha Jones on Sex and the City, Kim Cattrall says she's "letting it all hang out" in her new role as a has-been porn star.

Cattrall gained 20 pounds for the title role in the indie film Meet Monica Velour, about a washed up, aging porn star living in a rural Indiana trailer park.

THE ASSOCIATED PRESS

Not summoned to sing: Judge says suggestion that Willie Nelson sing in court was a joke

Composing with an environmental spin

DJ Spooky travelled to Antarctica for inspiration for his latest work

American musician says human rights include a healthy planet

BACKSTAGE PASS

GRAEME MCRANOR
METRO VANCOUVER

American artist Paul D. Miller describes his latest large-scale multimedia experience as an acoustic portrait of ice, a DJ mix that samples Antarctica, hip hop made from the wind and water of a vanishing place.

Better known as DJ Spooky, the experimental musician is currently touring with Terra Nova: Sinfonia Antarctica, a multi-sensory exploration of Antarctica's landscape and meditation on global warming, inter-connectivity and human rights.

"A disaster in Japan affects everyone," he explains. "Radiation clouds reach all of us because of air currents that operate on a global level, ditto with phenomena like Antarctica's circumpolar currents that reach all oceans.

"Basically, I think that a search for human rights has driven most of my work, and having a planet that isn't destroyed by things like radiation, a destroyed ozone layer and massive species die-offs is as much a human right as anything. Music isn't music — it's information."

Miller travelled to Antarctica to record the continent's rhythms — ice, wind, water — then returned to New York to produce what he'd captured.

DJ Spooky performs Sinfonia Antarctica Saturday, April 9 (8 p.m.) at the Chan Centre's Telus Studio Theatre. Tickets are $35-$42 for adults, $32-$39 for seniors and $25-32 for students at Ticketmaster or the Chan Centre ticket office, 604-822-2697.

Getting Spooky

- **Rebirth.** In conjunction with Sinfonia Antarctica, the Chan Centre has partnered with Pacific Cinematheque to present DJ Spooky's Rebirth of a Nation, a film project that remixes D.W. Griffith's classic 1915 silent movie, Birth of a Nation. Thursday, April 7 at Pacific Cinematheque. (1131 Howe St. $3 annual membership required.)
- **Lecture.** The Chan Centre has also partnered with SFU Woodwards to present Sound Unbound, a free lecture (and Q & A) by DJ Spooky on sound in contemporary art, digital media and composition. Friday, April 8 at 4 p.m. at SFU Woodward's Goldcorp Centre for the Arts (149 West Hastings St.).

▶ DJ Spooky performs next Saturday, 8 p.m. at the Chan Centre's Telus Studio.

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Sheen's tweets are scaring ex

Source says Richards has increased security after threatening tweets by ex Charlie Sheen

ALL PHOTOS GETTY IMAGES FILE

▶ Denise Richards

After ex-husband Charlie Sheen's angry tirade against her on Twitter, Denise Richards has reportedly upped the security at her home, according to Popeater.

"She wants [daughters] Sam and Lola to have normal lives, but after the recent threats and verbal attacks, she has increased her security," a source says. "When you are dealing with a mad man, it's better to be safe than sorry."

Sheen's over-the-top behaviour on Twitter reportedly has Richards worried.

"Once you start tweeting pictures of yourself with knives and saying you wished someone would die it's a totally different game," the source says. "Denise is no longer angry — she's scared."

METRO

▶ Colin Farrell

Taylor charmed Farrell

During the final years of her life, Elizabeth Taylor struck up a close friendship with actor Colin Farrell — so close that, at her request, Farrell recited a poem at her funeral last week, according to Access Hollywood.

"I was just lucky enough to become her friend in the last year and a half. I adore her still," said Farrell.

METRO

Aniston to direct part of anthology

▶ Jennifer Aniston

Jennifer Aniston is stepping behind the camera to direct part of Project Five, an anthology of short films for Lifetime TV, according to Deadline Hollywood.

Demi Moore and Alicia Keys are also taking the reigns for sections of the project, which addresses how breast cancer effects people's lives.

"Our hope with Project Five is to entertain, inform and inspire dialogue, research and prevention," Aniston says in a statement.

"We want these films to move people and empower those affected by breast cancer to stand tall through this challenge, which impacts all of our lives, no matter who we are."

METRO

There's nothing like Paris Hilton

Paris Hilton, the woman who perfected the art of being famous for being famous, says she has met all of her professional goals.

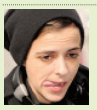
The heiress-turned-TV star, who was in Mexico on Tuesday to promote a new line of shoes, says she doesn't fear being overshadowed by Kim Kardashian or any other reality show rival.

"There's so many people out there who try to imitate what I do but I am the original," Hilton said in an interview with The Associated Press. There is nothing like me."

THE ASSOCIATED PRESS

Celebrity tweets

Bree Olson [@Bree Olson]
I'd love to live in a cottage in the woods. Deep in the country. To just have all the bare essentials and live off the land. Day dreams



Samantha Ronson [@samantharonson]
i love when the internet makes me a super hero- i was home at the same time i was at dinner. pix of me leaving dinner last night win. PROOF

Steve Martin [@SteveMartinToGo]
t's balmy in New York City. Almost 40 degrees Fahrenheit. Stripping down to T, shorts and flip-flops.

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3

The rebirth of crazy

Want to be famous? Start by giving yourself an extreme makeover of Lady Gaga proportions

Last week, the Council of Fashion Designers announced that it will give Lady Gaga the Fashion Icon Of the Year award at its annual ceremony, which is the fashion world's equivalent of the Oscars.

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS

The move was a final, official endorsement, of sorts, on the moment pop culture fashion seems to be in — that moment being a radically wild, crazy and, frankly, more interesting one.

It's old news for celebs to be cute and sexy (Britney Spears) or cute and styley (Carrie Bradshaw.) We want it louder, shinier, spikier and weirder. Will the look make our jaw drop? Will it cause politically correct types to protest? No? Yawn, not interested.

It's a new, foolproof formula that has replaced the add-honey-colored-hair-extensions-shiny-dress-and-stir equation that worked so well for Britney, Beyoncé and Rihanna in their early days. But (ho!) even Beyoncé and Rihanna have gone to the Gaga side (what are you waiting for Brit?)

We look at the transformation of some of your favorite divas.

GETTY IMAGES

Lady Gaga

- **Before:** Just one of Gaga's many unmemorable ensembles pre-Nicola Formichetti, the stylist who helped make her famous by dressing her in McQueen, that meat dress and other outfits that have gotten you talking.
- **After:** Wonderfully weird in that Gaga way we've all come to love.

Katy Perry

- The kind of showy get-up that only Russell Brand could love.

Nicki Minaj

- The Bride of Frankenstein meets Roberto Cavalli. What's not to love?

Rihanna

- Rih Rih's is rocking a much more interesting, wild style than in the past.

Ke$ha

- Before the singer sported the same glam, rock look we've seen before. And now...there are no words.

Trend of the week

When you think about it, sleeveless coats and jackets are the perfect transitional weather solution. Layer them over denim, as these fashionable ladies did, for a fresh look that will keep you cool as you ease into spring. Acne has a very cool option. Or take the budget-friendly route and get all Edward Scissorhands on your favorite trench coat.

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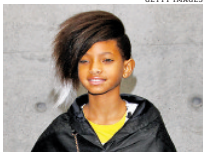
Fashion industry plans to launch environmentally friendly changes

Let's go crazy

GETTY IMAGES



- **Pint-sized crazy:** With Rihanna's team of stylists working for her, Willow Smith has all of the sartorial tools for pop stardom.
- **Real life crazy:** Blogger Susie Bubble has earned a huge following of readers who love her adventurous style.

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Temp is rising, hemlines are not

Spring's top fashion silhouette is long, languid and best pared with an optimistic attitude

BEBETO MATTHEWS/THE ASSOCIATED PRESS

The big trend for the season is longer lengths – below-the-knee skirts, maxi dresses and flared-leg trousers. These flowing silhouettes bring with them well-deserved freedom from the multiple layers and heavy fabrics that were de rigueur over the course of a storm-filled winter. Consider the new shapes a breath of fresh air, says Patrick Robinson, creative director for Gap.

"When you come out of such a hard winter, I think people will be looking for soft, easy clothes that you can wear only in the spring. ... You want contrast," he says. "I always use clothes to tell me what time of year it is."

The looser and more languid look also seems a commentary on shoppers' collective state of mind, too. Perhaps they are willing to give up the sleek, fitted armour they wore to do battle with the recession.

Retail sales were stronger in February than economists expected, with a 4.2 per cent increase, and that came off a similar increase in January and the best holiday season since 2006.

Robinson says consumers had been looking for protection, but now they're looking for signs of optimism.

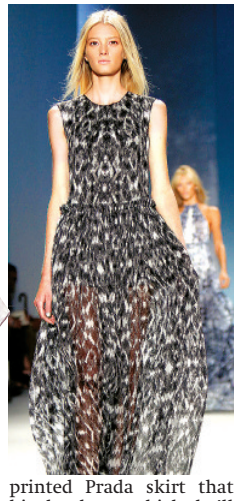
"We've done the sharp edges. ... We want the softer pieces to remind us of the change in seasons – it's a trigger for your mind. We want things that help us feel carefree. I think we miss it."

The wide-cuff, long-leg pants are for many women an easier way to move into this look, says Lisa Axelson, Ann Taylor senior vice-president of design.

Start there, with a skinny, brightly coloured belt and a T-shirt or blouse, she advises. Once you're used to creating a triangular shape with a pared-down top, you'll be ready when it's bare-leg weather for the skirts, pencil or pleated, or even the maxi. (Imagine the opposite effect of a strong-shouldered jacket with skinny pants, she says.)

▶ The Gap's sexy boot trouser

Marie Claire editor-in-chief Joanna Coles already has her new



printed Prada skirt that hits her knee, which she'll pair with a crisp white button-down, but she thinks anything longer takes careful consideration and effort.

"There are a lot of maxi dresses and they're easy for day-to-night dressing, but they're hard to wear to the office if it's conservative at all," Coles says. "A calf-length skirt is on trend, but it's not as flattering as knee-length. What you can't go wrong with is a bottom that really flatters you. If wide-leg pants make you look three times wider than you are, don't wear them."

She is a fan of the pencil skirt, calling it "almost universally flattering." Kelly Golden, owner of the upscale Chicago-area boutique Neapolitan, expects young women to fully embrace the maxi, with its bohemian vibe, but she thinks the neater, mid-calf skirt will do better overall.

"The '40s silhouette, a suit with a cropped jacket or a fitted blouse, is a very ladylike way to do the longer length."

THE ASSOCIATED PRESS

Up and down

Keira Knightley

She revs up the sex factor in a skintight jumpsuit for Chanel's latest Coco Mademoiselle ad. Its director Joe Wright, who was also behind Atonement says, "That's one of the things I love about my job; getting to dress up Keira."

Kate Moss

Coolest wedding ever? Kate Moss and boyfriend Jamie Hince are reportedly planning to marry in a Glastonbury festival-style bash. Rumour has it they've asked The Rolling Stones, The Clash, Led Zeppelin and Kanye West to sing.

Paris

No Galliano successor at Dior and there's still a cloud of uncertainty hanging over other giant fashion houses such as Chloé and Balmain, thanks to Twitter gossip about the fate of their designers.

Royal Wedding Fatigue (RWF)

Kate and Wills' wedding day hasn't arrived and we're already over it. Matthew Williamson is. too. "I don't know why everyone ... is waiting to see what she wears. I'm, like ... 'Get over it,'" he tells The Telegraph. Guess she's not wearing him.

Beauty pick

CND Shellac

Just in time for spring, CND has added 12 new colours to its manicure range, Shellac. That's good news for all of us who were underwhelmed by the collection's initial limited colour offerings. The nail system promises, and impressively delivers, 14 days of chip-free wear. We tested the line out during fashion month and made it through 18 days of shows without a single nick.

KENYA HUNT

CND

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Giving new life to decor

Karl Lohnes offers tips on making over some old favourites and giving them a new purpose

DESIGN CENTRE

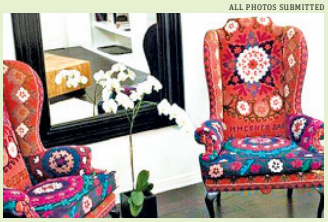
KARL LOHNES
HOME@
METRONEWS.CA

It's usually in the spring that I look around my house and consider replacing a worn piece of furniture or some of the outdated accessories that I've been hanging onto.

A yard sale is a great place to sell-off unwanted items and there are certainly enough curb-browsers who will gladly take my outdated decor items. But this spring I am going to challenge myself to an idea that is not only inexpensive, but eco-friendly, too.

I am going to make over a few of my least favourite items. I figure with a small investment and a bit of elbow grease I can give my old wingback chairs, dresser and worn carpet a whole new look. Here's how I will start.

ALL PHOTOS SUBMITTED



If something looks like it's a tad outdated, it may just need a colour change.

The old wingback chairs that I've been dragging around each time I move are looking rather boring in the mocha cotton twill fabric and it's time for an update.

On its last leg of life, I am going to let the chairs be the centre of attention by slipcovering them in a fun, loud fabric.

They will be the greeters by the front door — a place to sit while waiting for a taxi to arrive, or, more likely, a place to throw my coat, gloves and tote bag.

Tip: Look for punchy, affordable fabrics at dress supply retailers like Fabricland. They sell much more than just lightweight dress fabrics and might even be able to recommend someone to slipcover your furniture for you for an affordable price.

The dark wood dresser that I have dragged around since childhood has just about seen it all over the many years.

Instead of selling my old companion off in the yard sale, I'll paint the outer shell with a low-luster oil paint (for durability) and wallpaper the drawer fronts to add some personality.

Because of its smaller size, I'm going to use my newly decorated friend in the hallway. It'll now hold the overflowing bath supplies from the linen cupboard.

Tip: Choose the wallpaper first, then match it to a coordinating paint colour. This will allow you to have a custom look that is perfectly matched.

I bought a worn Kilim rug for next to nothing many years ago, and its tired look is starting to get me down.

Time for a fresher-looking carpet in the den. I'm taking my old friend to the carpet cleaners and once he's been scrubbed down, I'm having him cut up and blocked into floor cushions to stack in the corner of my bedroom.

A great way to reinvent an old friend and not have to say goodbye.

Tip: Talk to your local rug cleaners about sewing the rugs into poufs as a heavy-gauge needled sewing machine will be needed.

If they cannot do it then call up a local upholstery school (check the community night school programs). Either take the classes a night and do it there, or hire someone from the school that has basic sewing experience.

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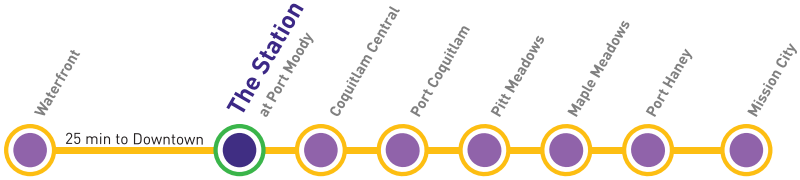

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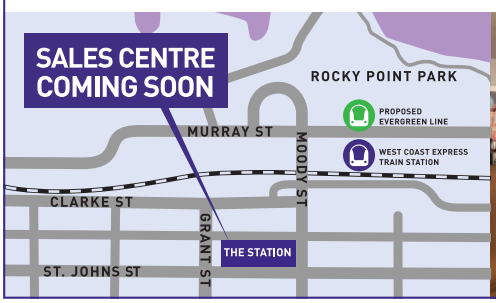

Wood flooring essentials

Never underestimate the visual importance of your home's flooring Luckily, you can improve it yourself

ISTOCK PHOTO

Wood or wood-composite flooring? That is the question.

DIY IDEAS

JIM CARUK
HOME@METRONEWS.CA

Are you looking at your kitchen or dining room floor with a critical eye? Your visitors are. Oftentimes, it's the quality of your home's flooring that is the first thing that catches the eye.

Until about a decade ago, do-it-yourself flooring options were limited. Now, manufacturers have come out with a vast range of wood and wood-composite flooring materials.

What's the difference between the two? Well, solid wood flooring has been around for years and it's still the top-end choice. You can select hardwood, softwood or even bamboo. And don't be fooled by the "hardwood" and "softwood" labels. Softwood just means the tree is an evergreen. Douglas fir, a softwood, is a lot harder than many hardwoods.

Bamboo flooring hit the market in a big way about a decade ago. It's actually a grass. But don't let that fool you. It's harder than oak! And bamboo is ecologically-friendly because it's so fast-growing.

While solid wood flooring provides a supremely high-quality look in almost any room, it is not always the best choice for areas susceptible to moisture, such as basements. Be careful with it in bathrooms, too. A more moisture-proof option for those areas is wood-composite, also known as "laminate" flooring. Laminate is generally less expensive than solid wood, yet it can look fantastic. This "engineered" flooring contains a real wood surface with underlying layers of plywood or fibreboard. These give the product its strength and resilience. Cork flooring belongs to the laminate flooring category. It's got a surface made from the cork oak tree. About half of the product is air bubbles, giving it a comforting, cushioned feel. Still, it has surprising durability, even in moist environments. It's a fashion-forward choice.

To install your own flooring like a pro, sign up for our Wood Flooring Essentials course at biyworkshops.com. We'll give you hands-on instruction in underlayment, layout and installation of all kinds of build-it-yourself wooden floors.

JIM CARUK, HGTV HOST, HAS BEEN A RENOVATION CONTRACTOR FOR MORE THAN 30 YEARS. HE IS THE FOUNDER OF BUILD IT YOURSELF LEARNING CENTERS WHICH TEACHES HOMEOWNERS HOW TO COMPLETE THEIR OWN REPAIRS AND RENOVATIONS (BIYWORKSHOPS.COM).

Roasted veggies have never tasted so good

Roasting the ingredients of this Asparagus and Potato Soup will bring out their deeper, richer flavours Add some prosciutto to mix textures

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

For this Asparagus and Potato Soup, all the vegetables are roasted at high heat, caramelizing their sugars.

They are puréed and combined with yogurt, giving the soup a creamy quality that belies its low-fat nutritional profile.

Lastly, prosciutto is crisped to create a garnish that has all the appeal of bacon, without the grease.

Preparation:

1. Place garlic on foil and sprinkle with 1 tsp (5 mL) water. Fold foil into a packet. Set aside.
2. In bowl, combine asparagus, potatoes, onion, oil, salt and pepper; toss to coat. Spread vegetables over 2 parchment paper-lined baking sheets. Place packet of garlic in corner of one sheet. Roast in 425 F (220 C) oven, stirring for 45 minutes or until asparagus is soft and potatoes tender. Let cool.
3. Meanwhile, in skillet set over medium heat, crisp prosciutto for about 5 minutes; set aside.
4. Transfer half of vegetables into blender and add 1 1/2 cups (375 mL) of broth; blend until smooth. Transfer to pot. Repeat using remaining vegetables and remaining broth. Warm soup over medium heat. Whisk in yogurt, tarragon, lemon juice.
5. Season with more salt and pepper to taste. Ladle soup into bowls and crumble prosciutto on top. **THE ASSOCIATED PRESS EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOK.CA.**

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ Potatoes, asparagus, onions and prosciutto are married in this hearty soup.

Ingredients:

- 6 cloves garlic
- 1 1/4 lb (625 g) fresh asparagus, trimmed, cut into 1-inch (2.5 cm) pieces
- 2 cups (500 mL) peeled and diced Yukon Gold potatoes
- 1 medium sweet onion, cut into 6 wedges
- 1 tbsp (15 mL) olive oil
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) ground black pepper
- 2 oz (60 g) sliced prosciutto, chopped
- 3 cups (750 mL) chicken broth
- 3/4 cup (175 mL) non-fat plain Greek-style yogurt
- 1 tbsp (15 mL) minced fresh tarragon
- 1 tsp (5 mL) lemon juice

Tortilla Stack

▶ This recipe makes four servings.

This Tortilla Stack brings the taste of Tex Mex into your kitchen. Leftovers are also perfect to serve for lunch the next day.

If beef is not your thing, try lean ground turkey and chicken as alternatives.

Vegetarians, feel free to try ground plain or flavoured soy.

Preparation:

1. In non-stick skillet, heat oil over medium heat and cook onion and garlic for 3 minutes or until softened. Add beef, chili powder, oregano, coriander and salt and cook, stirring for 8 minutes or until browned. Stir in coriander.
2. Lay one tortilla on parchment paper lined baking sheet and spread with 1/4 cup (50 mL) of the salsa. Spoon with 1/2 cup (125 mL) of the beef and sprinkle with 1/4 cup (50 mL) of the cheese. Repeat three times and top with last tortilla and remaining cheese.
3. Bake in 400 F (200 C) oven for about 15 minutes or until cheese is melted and tortilla is light golden.

EMILY RICHARDS

Ingredients:

- 1 tbsp (15 mL) vegetable oil
- 1 small onion, finely chopped
- 2 cloves garlic, minced
- 8 oz (250 g) lean ground beef
- 1 tsp (5 mL) each ancho chili powder and dried oregano leaves
- 1/2 tsp (2 mL) ground coriander
- 1/4 tsp (1 mL) salt
- 2 tbsp (25 mL) chopped fresh coriander
- 5 large flour tortillas
- 1 1/4 cups (300 mL) Tex Mex shredded cheese
- 1 cup (250 mL) mild or medium salsa
- Sour cream (optional)

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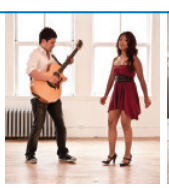
CASI Office is located at 2970 East 22nd Avenue, Vancouver, BC V5M 2Y4.
Office hours are Tuesday – Friday, 9:00 am – 4:00 pm.
This Renfrew-Collingwood Pilot Project is jointly administered by Collingwood Neighbourhood House and Renfrew-Collingwood Seniors' Society with financial assistance from the Government of BC and the United Way of the Lower Mainland.

BLUE EGG



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Canucks preview

Kings at Canucks, 7 p.m.
TV: SNET-P
Radio: AM 1040

The Kings (44-26-6) have won four in a row heading into tonight's matchup. They have lost just four times in 29 games.

The Canucks (51-17-9) clinched first in the Western Conference with a 3-1 victory in Nashville Tuesday.
THE CANADIAN PRESS

AL BEHRMAN/THE ASSOCIATED PRESS

▶ The Milwaukee Brewers jog in the snow yesterday at Great American Ball Park in Cincinnati.

Cold openers

Six games on tap today as baseball season begins Harsh weather expected in Washington, New York, Kansas City and Cincinnati

Grab the parka, ski cap, mittens and galoshes. It's time for baseball.

From Dodger Stadium to Yankee Stadium, there was a flurry of activity as teams got ready for opening day. At Great American Ball Park, meanwhile, there were actual flurries.

Ryan Braun, Prince Fielder and the Milwaukee Brewers worked out as snowflakes fell yesterday, a day before they were to play Cincinnati. The conditions were better suited for snowballs than baseballs when the Reds later took the field, too.

"Even after all these years, there are still butterflies. Heck yeah."
CINCINNATI REDS MANAGER DUSTY BAKER

"I love it. I love the weather," Reds second baseman Brandon Phillips deadpanned. "The weather is beautiful."

The forecast for the six openers today wasn't much better. Rain with temperatures in the 10 C mark in Washington, New York and Kansas City, and downright chilly in Cincinnati.

"It's not easy playing in the cold but the good thing is both teams have to do it," Yankees star Mark Teixeira said, set to face Detroit in the Bronx's first March game.

Said Tigers catcher Alex Avila: "It's going to be perfect weather, 40s and rain. A good day to pitch."

At Nationals Park, Washington players came out to practise in red-hooded sweatshirts. Their workout ended in the rain when the grounds crew pulled out the tarp. There's no telling if it will be any better for today's game against Atlanta.

Leave it to Los Angeles to provide the perfect setting. Two-time Cy Young winner Tim Lincecum, rookie of the year Buster Posey and the World Series champion San Francisco Giants open at Dodger Stadium, where it's supposed to be sunny and near 26 C.
THE ASSOCIATED PRESS

Crosby may not be back for playoffs

Sidney Crosby is hitting the road with his Pittsburgh teammates again, but is not ready for prime time yet.

Despite recent speculation that his return could be days away, perhaps in time for the first round of the playoffs, Crosby climbing over the boards again during game action might not occur until next season.

Crosby will rejoin his teammates for game-day skates starting today, but it appears increasingly less likely the former NHL MVP will heal from a concussion in time to play again this season, no matter how far the Penguins advance in the post-season.

"The last thing we'll do with Sidney Crosby or any player is push him if he's not ready," general manager Ray Shero said.

Crosby, sidelined since early January after sustaining two hard hits in as many games, isn't cleared yet to practise or for anything resembling contact — only to skate with his teammates on game days. Some days he will just work out off the ice, as he has been doing since he resumed skating nearly three weeks ago.

Shero speculated that with the playoffs only two weeks away, there might not be enough time for Crosby to return for the post-season. He ruled out any possibility that Crosby could play in any of the Penguins' remaining five regular-season games.
THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-Philadelphia	76	46	20	4	6	243	202	102	21-11-2-4	25-9-2-2	5-1-1-3	W1
dx-Washington	77	44	22	5	6	207	185	99	22-8-2-6	22-14-3-0	7-2-0-1	L1
dx-Boston	76	43	23	5	5	229	178	96	19-13-3-2	24-10-2-3	5-3-2-0	W2
x-Pittsburgh	77	45	24	5	3	220	188	98	24-14-2-0	21-10-3-3	7-3-0-0	L1
Tampa Bay	76	41	24	5	6	228	230	93	23-11-1-4	18-13-4-2	4-3-2-1	W2
Montreal	78	41	30	4	3	205	203	89	23-11-3-3	18-19-1-0	4-6-0-0	L1
Buffalo	77	39	29	8	1	226	214	87	19-16-3-1	20-13-5-0	6-3-1-0	W1
NY Rangers	77	41	31	2	3	218	182	87	18-16-1-3	23-15-1-0	7-2-0-1	L1
Carolina	77	37	30	5	5	220	228	84	21-13-2-2	16-17-3-3	6-4-0-0	W2
Toronto	77	35	32	5	5	205	235	80	18-14-3-4	17-18-2-1	6-4-0-0	W1
Atlanta	76	32	32	5	7	211	249	76	17-15-2-5	15-17-3-2	5-4-1-0	L1
New Jersey	76	35	36	3	2	158	191	75	19-15-2-1	16-21-0-2	5-4-0-1	W1
NY Islanders	77	29	36	7	5	212	244	70	16-17-1-4	13-19-6-1	4-4-2-0	L3
Florida	77	29	36	5	7	187	212	70	15-15-4-4	14-21-2-2	2-5-0-3	L6
Ottawa	77	29	38	5	5	177	238	68	14-19-2-3	15-19-3-2	5-4-0-1	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
z-Vancouver	77	51	17	4	5	250	176	111	25-8-1-4	26-9-3-1	9-1-0-0	W4
d-Detroit	77	44	23	6	4	247	226	98	20-13-4-2	24-10-2-2	5-3-2-0	L2
d-San Jose	76	44	23	4	5	224	199	97	21-11-2-3	23-12-2-2	6-1-0-3	W1
Phoenix	78	42	25	7	4	221	213	95	20-13-4-2	22-12-3-2	8-2-0-0	W1
Los Angeles	76	44	26	4	2	209	181	94	23-12-3-0	21-14-1-2	8-1-1-0	W4
Anaheim	77	44	28	3	2	223	223	93	24-12-1-1	20-16-2-1	8-2-0-0	W3
Nashville	77	41	26	6	4	203	182	92	22-9-4-3	19-17-2-1	8-2-0-0	L1
Chicago	76	41	27	3	5	242	209	90	23-15-0-0	18-12-4-4	4-4-1-1	L1
Dallas	75	38	26	4	7	209	212	87	20-11-3-5	18-15-1-2	3-3-2-2	L4
Calgary	78	38	29	4	7	237	230	87	22-13-1-3	16-16-3-4	3-5-1-1	L1
Minnesota	76	36	32	3	5	191	215	80	17-16-2-3	19-16-1-2	2-7-1-0	W1
St. Louis	77	35	32	4	6	224	225	80	21-12-1-4	14-20-3-2	5-5-0-0	W1
Columbus	76	34	31	4	7	202	232	79	17-17-1-3	17-14-3-4	3-5-1-1	W1
Colorado	75	28	39	7	1	211	267	64	15-18-4-0	13-21-3-1	2-8-0-0	L3
Edmonton	76	23	42	2	9	180	251	57	12-21-1-5	11-21-2-3	0-7-1-2	L10

x – clinched playoff berth; y – clinched division title; d – division leaders; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL or SOL columns.

Last night's results
Anaheim 4 Calgary 2
Carolina 6 Montreal 2
St. Louis 10 Detroit 3
New Jersey 3 N.Y. Islanders 2
Buffalo 1 N.Y. Rangers 0

Tuesday's results
Toronto 4 Buffalo 3
Vancouver 3 Nashville 1
Los Angeles 2 Edmonton 0
Tampa Bay 5 Ottawa 2
Montreal 3 Atlanta 1
Carolina 3 Washington 2 (SO)
Columbus 3 Florida 2 (SO)
Phoenix 2 Dallas 1 (SO)
Minnesota 3 St. Louis 2 (SO)
Philadelphia 5 Pittsburgh 2
Boston 3 Chicago 0

Tonight's games
All times Eastern
Toronto at Boston, 7 p.m.
N.Y. Rangers at N.Y. Islanders, 7 p.m.
Atlanta at Philadelphia, 7 p.m.
Columbus at Washington, 7 p.m.
Pittsburgh at Tampa Bay, 7:30 p.m.
Ottawa at Florida, 7:30 p.m.
Edmonton at Minnesota, 8 p.m.
Nashville at Colorado, 9 p.m.
Los Angeles at Vancouver, 10 p.m.
Dallas at San Jose, 10:30 p.m.

Tomorrow's games
Philadelphia at New Jersey, 7 p.m.
Chicago at Columbus, 7 p.m.
Calgary at St. Louis, 8 p.m.
Colorado at Phoenix, 10 p.m.

DUCKS 4, FLAMES 2

First Period
1. Calgary, Iginla 37 (Tanguay, Giordano) 2:58
2. Anaheim, Ryan 33 (McMillan, Winchester) 8:05 (pp)
3. Anaheim, Perry 45 (Fowler, Visnovsky) 15:40 (pp)

Penalties — Kotalik Cal (hooking) 5:02, Regehr Cal (slashing) 6:15, Beleskey Ana (cross-checking) 11:59, Backlund Cal (slashing) 14:51, Perry Ana (roughing) 15:40, Stajan Cal (tripping) 18:13.

Second Period
4. Anaheim, Visnovsky 16 (Perry) 18:51

Penalties — Iginla Cal (goaltender interference) 0:44, Beauchemin Ana (slashing) 11:00, Sbisa Ana (tripping) 12:43, Winchester Ana (cross-checking) 20:00.

Third Period
5. Calgary, Giordano 8 (Iginla, Tanguay) 0:32
6. Anaheim, Perry 46 (Selanne) 19:13 (en)

Penalties — Lydman Ana (hooking) 0:19, Lydman Ana (hooking) 4:07, Kostopoulos Cal (tripping) 6:45.

Shots

Anaheim	10	3	9	—22
Calgary	10	10	5	—25

Goal — Anaheim: Emery (W,6-0-0); Calgary: Kiprusoff (L,34-24-6).
Power plays (goals-chances) — Anaheim: 2-6; Calgary: 1-7.
Referees — Gord Dwyer, Marc Joanette.
Linesmen — Lonnie Cameron, Bryan Pancich.
Attendance — 19,289 (19,289).

HURRICANES 6, CANADIENS 2

First Period
1. Carolina, Skinner 28, 11:01
2. Carolina, Skinner 29 (Ruutu) 15:06

Penalties — None.

Second Period
3. Montreal, Cammalleri 17 (Wisniewski, Plekanec) 5:23 (pp)
4. Carolina, McBain 6 (Cole, Stillman) 6:10
5. Carolina, Pitkanen 4 (Ruutu, Skinner) 9:03

Penalties — Bra.Sutter Car (tripping) 3:52, Desharnais Mtl (hooking) 15:39.

Third Period
6. Montreal, Subban 12 (Wisniewski, Plekanec) 9:01 (pp)
7. Carolina, McBain 7 (Bowman) 15:24
8. Carolina, Stillman 11 (Corvo, E.Staal) 17:47 (pp)

Penalties — E.Staal Car (hooking) 4:44, E.Staal Car (slashing) 8:56, Subban Mtl (slashing) 10:20, Gill Mtl (tripping), Pouliot Mtl, Subban Mtl, Gleason Car (misconduct) 16:46, Hamrlik Mtl (hooking) 17:47.

Shots

Montreal	17	15	8	—40
Carolina	15	11	9	—35

Goal (shots-saves) — Montreal: Price (L,35-28-6)(26-22), Auld (start third)(9-7); Carolina: Ward (W,34-25-9).
Power plays (goals-chances) — Montreal: 2-3; Carolina: 1-4.
Referees — Tim Peel, Greg Kimmerly.
Linesmen — Don Henderson, Steve Miller.
Att. — 18,701 (18,680) at Raleigh, N.C.

BLUES 10, RED WINGS 3

First Period
1. Detroit, Modano 4 (Holmstrom) 5:51
2. St. Louis, Stewart 27 (Berglund, Sobotka) 14:06
3. St. Louis, Janssen 1 (Reaves, McRae) 16:04
4. Detroit, Bertuzzi 16 (Franzen, V.Filppula) 17:55
5. St. Louis, Porter 1, 18:24

Penalties — Franzen Det (tripping) 0:18, Hudler Det (interference) 7:01.

Second Period
6. St. Louis, D'Agostini 20 (Nikitin, Sobotka) 1:54 (pp)
7. St. Louis, Crombeen 7 (McDonald, Polak) 5:23
8. St. Louis, Backes 28 (Shattenkirk, D'Agostini) 10:04 (pp)
9. Detroit, Zetterberg 24 (Lidstrom, Franzen) 12:37 (pp)
10. St. Louis, Polak 3 (Porter, Crombeen) 14:47
11. St. Louis, Sobotka 7 (Stewart, Nikitin) 16:10

Penalties — Franzen Det (roughing) 0:14, Cracknell StL (hooking) 6:07, Zetterberg Det (holding) 8:24, Cole StL (holding stick) 10:34, St. Louis bench (too many men; served by Stewart) 11:40.

Third Period
12. St. Louis, Berglund 20 (Stewart, Shattenkirk) 6:21
13. St. Louis, Porter 2 (Janssen, Cracknell) 17:50

Penalties — Shattenkirk StL, Franzen Det (unsportsmanlike conduct) 10:53.

Shots

St. Louis	19	14	14	—47
Detroit	11	15	18	—44

Goal (shots-saves) — St. Louis: Halak (W,24-20-7); Detroit: MacDonald (L,5-5-3)(39-32), McCollum (5:23 second)(8-5),. **Power plays (goals-chances)** — St. Louis: 2-4; Detroit: 1-3.
Referees — Ian Walsh, Eric Furlatt. **Linesmen** — Andy McElman, Thor Nelson.
Att. — 20,066 (20,066) at Detroit.

SABRES 1, RANGERS 0

First Period — No Scoring.

Penalties — Callahan NYR (roughing), Stafford Buf (elbowing) 19:52.

Second Period
1. Buffalo, Connolly 12 (Vanek, Gragnani) 5:28 (pp)

Penalties — Staal NYR (interference) 4:50, Montador Buf (slashing) 16:31.

Third Period — No Scoring.

Penalties — None.

Shots

N.Y. Rangers	8	6	9	—23
Buffalo	15	11	9	—35

Goal — N.Y. Rangers: Lundqvist (L,33-25-5); Buffalo: Enroth (W,6-2-1). **Power plays (goals-chances)** — N.Y. Rangers: 0-1; Buffalo: 1-1.
Referees — Dennis LaRue, Chris Rooney.
Linesmen — Steve Barton, Derek Nansen.
Att. — 18,690 (18,690) at Buffalo.

DEVILS 3, ISLANDERS 2

First Period
1. New Jersey, Kovalchuk 28 (Palmieri, Zajac) 4:17

Penalties — Konopka NYI, Clarkson NJ (fighting) 1:57, M.Martin NYI, Leach NJ (fighting) 5:33, M.Martin NYI, Clarkson NJ (roughing) 13:01.

Second Period
2. New Jersey, Josefson 3 (Palmieri, Kovalchuk) 3:23

Penalties — Tallinder NJ (tripping) 0:08, Martinek NYI (hooking) 11:10, Reese NYI (tripping) 16:18.

Third Period
3. N.Y. Islanders, Nielsen 12, 9:38 (sh)
4. N.Y. Islanders, Nielsen 13 (M.Martin, Okposo) 13:44
5. New Jersey, Greene 4 (Elias, Zubrus) 15:04

Penalties — Tavares NYI (hooking) 3:38, Rolston NJ (tripping) 4:54, Katic NYI (double high-sticking) 7:57.

Shots

N.Y. Islanders	5	10	14	—29
New Jersey	7	10	3	—20

Goal — N.Y. Islanders: DiPietro (L,8-12-4); New Jersey: Brodeur (W,22-24-3). **Power plays (goals-chances)** — N.Y. Islanders: 0-2; New Jersey: 0-5.
Referees — Jean Hebert, Bill McCreary.
Linesmen — Derek Amell, Brian Murphy.
Att. — 16,252 (17,625) at Newark, N.J.

MLB

SPRING TRAINING

Yesterday's results
Tampa Bay 5 Toronto 3
San Francisco 2, Oakland 1
Minnesota 2, Atlanta 0
Pittsburgh 4, Philadelphia 1
N.Y. Mets 6, Florida 3
Boston 10 Houston 0
L.A. Dodgers 8 Seattle 1

REGULAR SEASON

Today's games
All times Eastern

AMERICAN LEAGUE
Detroit (Verlander 0-0) at N.Y. Yankees (Sabathia 0-0), 1:05 p.m.
L.A. Angels (Weaver 0-0) at Kansas City (Hochevar 0-0), 4:10 p.m.

NATIONAL LEAGUE
Atlanta (Lowe 0-0) at Washington (Hernandez 0-0), 1:05 p.m.
Milwaukee (Gallardo 0-0) at Cincinnati (Volquez 0-0), 2:10 p.m.
San Diego (Stauffer 0-0) at St. Louis (Carpenter 0-0), 4:15 p.m.
San Francisco (Lincecum 0-0) at L.A. Dodgers (Kershaw 0-0), 8 p.m.

SKIING

CANADIAN ALPINE CHAMPIONSHIP

At Nakiska, Alta.
Women's Giant Slalom
1. Marie-Michele Gagnon, Lac-Etchemin, Que. (52.16-51.36), one minute, 43.52 seconds; 2. Britt Janyk, Whistler, B.C. (52.45-51.82), 1:44.27; 3. Victoria Stevens, Mont-Tremblant, Que. (52.57-52.13), 1:44.70; 4. Marie-Pier Prefontaine, Saint-Sauveur, Que. (52.34-52.63), 1:44.97; 5. Madison McLeish, Canmore, Alta., (52.66-52.35), 1:45.01; 6. Elli Terwiel, Sun Peaks, B.C. (53.73-51.71), 1:45.44; 7. Eve Routhier, Sherbrooke, Que. (53.00-52.62), 1:45.62; 8. Erin Mielzynski, Guelph, Ont. (54.41-52.12), 1:46.53; 9. Kate Ryley (53.60-52.98), 1:46.58; 10. Julia Roth, Waterloo, Ont. (54.52-53.51), 1:48.03.

GOLF

WORLD RANKING

Through March 27

1. Martin Kaymer	Ger	7.87
2. Lee Westwood	Eng	7.54
3. Luke Donald	Eng	6.55
4. Graeme McDowell	NIr	6.19
5. Tiger Woods	USA	5.82
6. Phil Mickelson	USA	5.70
7. Paul Casey	Eng	5.63
8. Rory McIlroy	NIr	5.44
9. Matt Kuchar	USA	5.33
10. Steve Stricker	USA	5.24
11. Jim Furyk	USA	5.04
12. Dustin Johnson	USA	5.00
13. Ernie Els	SAf	4.73
14. Nick Watney	USA	4.65
15. Francesco Molinari	Ita	4.48
16. Ian Poulter	Eng	4.47
17. Bubba Watson	USA	4.35
18. Hunter Mahan	USA	4.18
19. Retief Goosen	SAf	4.17
20. Robert Karlsson	Swe	4.08
21. Martin Laird	Sco	3.86
22. Louis Oosthuizen	SAf	3.70
23. Tim Clark	SAf	3.67
24. Miguel Angel Jimenez	Esp	3.66
25. Alvaro Quiros	Esp	3.63
26. Justin Rose	Eng	3.60
27. Edoardo Molinari	Ita	3.52
28. Adam Scott	Aus	3.45
29. Charl Schwartzel	SAf	3.44
30. Robert Allenby	Aus	3.39
31. Rickie Fowler	USA	3.19
32. Geoff Ogilvy	Aus	3.15
33. Y.E. Yang	Kor	3.11
34. Zach Johnson	USA	3.07
35. Kim Kyung-Tae	Kor	2.97
36. Padraig Harrington	Irl	2.95

SOCCER

MLS

EASTERN CONFERENCE

	W	L	T	Pt	GF	GA
Philadelphia	2	0	0	6	2	0
Chicago	1	0	1	4	4	3
New England	1	0	1	4	3	2
New York	1	0	1	4	1	0
D.C.	1	1	0	3	4	3
Sporting Kansas City	1	1	0	3	5	5
Toronto FC	1	1	0	3	4	4
Houston	0	1	1	1	1	2
Columbus	0	1	1	1	1	3

WESTERN CONFERENCE

	W	L	T	Pt	GF	GA
Real Salt Lake	2	0	0	6	5	1
Colorado	2	0	0	6	4	1
Los Angeles	1	1	1	4	3	5
Vancouver	1	1	0	3	4	3
San Jose	1	1	0	3	2	1
Seattle	0	2	1	1	1	3
FC Dallas	0	1	1	1	1	3
Chivas USA	0	2	0	0	2	4
Portland	0	2	0	0	1	5

NOTE: Three points for victory, one pt. for tie.

Tomorrow's game
All times Eastern
FC Dallas at Columbus, 7:30 p.m.

Saturday's games
Chivas USA at Toronto FC, 1 p.m.
Sporting Kansas City at Vancouver, 7 p.m.
Houston at New York, 7:30 p.m.
Portland at New England, 7:30 p.m.
Seattle FC at San Jose, 10:30 p.m.
Philadelphia at Los Angeles, 10:30 p.m.

Sunday's game
D.C. United at Colorado, 7 p.m.

TENNIS

ATP-WTA SONY ERICSSON OPEN

At Key Biscayne, Fla.
Men's Singles — Quarter-finals
Novak Djokovic (2), Serbia, def. Kevin Anderson, South Africa, 6-4, 6-2.
Mardy Fish (14), U.S., def. David Ferrer (6), Spain, 7-5, 6-2.

Men's Doubles — Quarter-finals
Max Mirnyi, Belarus, and **Daniel Nestor (2), Toronto,** def. Robert Lindstedt, Sweden, and Horia Tecau (8), Romania, 7-5, 6-0.
Mahesh Bhupathi and Leander Paes (3), India, def. Michael Llodra, France, and Nenad Zimonjic (6), Serbia, 6-3, 6-7 (4), 10-7 tiebreak.

Women's Singles — Quarter-finals
Victoria Azarenka (8), Belarus, def. Kim Clijsters (2), Belgium, 6-3, 6-3.
Vera Zvonareva (3), Russia, def. Agnieszka Radwanska (9), Poland, 7-5, 6-3.

Women's Doubles — Quarter-finals
Liezel Huber, U.S., and Nadia Petrova (3), Russia, def. Sloane Stephens, U.S., and Yanina Wickmayer, Belgium, 6-4, 6-1.

CRICKET

WORLD CUP

SEMIFINALS
Yesterday's result
At Mohali, India
India (260-9) def. Pakistan (231) by 29 runs.

FINAL
Saturday's game
At Mumbai, India
Sri Lanka vs. India

BASKETBALL

NCAA TOURNAMENT

At Houston
NATIONAL SEMIFINALS
Saturday's games
Kentucky (29-8) vs. Connecticut (30-9)
Butler (27-9) vs. Virginia Commonwealth (28-11)
NATIONAL CHAMPIONSHIP
Monday's game
Semifinal winners

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
y-Chicago	54	20	.730	—
y-Boston	51	22	.699	2½
x-Miami	52	23	.693	2½
x-Orlando	47	28	.627	7½
x-Atlanta	43	32	.573	11½
Philadelphia	39	36	.520	15½
New York	37	38	.493	17½
Indiana	34	42	.447	21
Charlotte	32	42	.432	22
Milwaukee	30	44	.405	24
Detroit	26	48	.351	28
New Jersey	23	51	.311	31
Toronto	20	54	.270	34
Washington	18	56	.243	36
Cleveland	15	59	.203	39

WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	57	17	.770	—
y-L.A. Lakers	53	20	.726	3½
x-Dallas	53	21	.716	4
x-Oklahoma City	50	24	.676	7
Denver	45	29	.608	12
New Orleans	43	32	.573	14½
Portland	43	32	.573	14½
Memphis	42	33	.560	15½
Houston	39	36	.520	18½
Phoenix	36	38	.486	21
Utah	36	39	.480	21½
Golden State	32	44	.421	26
L.A. Clippers	29	46	.387	28½
Sacramento	21	53	.284	36
Philadelphia	17	58	.227	40½

d – division leader; **x** — clinched playoff berth; **y** — clinched division.

Last night's results
Milwaukee 104 Toronto 98
Charlotte 98 Cleveland 97
Philadelphia 108 Houston 97
Indiana 111 Detroit 101
Atlanta 85 Orlando 82
Miami 123 Washington 107
New York 120 New Jersey 116
Memphis 110 Golden State 91
Chicago 108 Minnesota 91
New Orleans 95 Portland 91
Denver 104 Sacramento 90
Oklahoma City 116 Phoenix 98
Dallas 106 L.A. Clippers 100

Tuesday's results
Houston 112, New Jersey 87
Cleveland 102, Miami 90
Oklahoma City 115, Golden State 114 (OT)
Sacramento 116, Phoenix 113

Tonight's games
All times Eastern
Boston at San Antonio, 8 p.m.
Dallas at L.A. Lakers, 10:30 p.m.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Toronto	12	9	3	.750	141	114	—
x-Buffalo	11	8	3	.727	122	102	½
Rochester	11	6	5	.545	106	117	2½
Boston	13	6	7	.462	133	120	3½
Philadelphia	12	4	8	.333	109	138	5

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Calgary	12	9	3	.750	153	132	—
x-Washington	12	6	6	.500	155	143	3
Minnesota	11	5	6	.455	124	124	3½
Edmonton	12	3	9	.250	131	160	6
Colorado	10	2	8	.200	89	113	6

x — clinched playoff berth.

WEEK 13
All times Eastern
Tomorrow's games
Washington at Toronto, 7:30 p.m.
Colorado at Edmonton, 9 p.m.
Minnesota at Calgary, 9:30 p.m.

Saturday's games
Toronto at Philadelphia, 7 p.m.
Rochester at Boston, 7:30 p.m.
Washington at Buffalo, 7:30 p.m.
Calgary at Minnesota, 8:30 p.m.
Edmonton at Colorado, 9 p.m.

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We are particularly interested in larger diamonds of 1 carat and up.

Gold and silver prices are at all-time highs and this is a great opportunity to sell your gold, silver, platinum and palladium. Since 1967 J&M has always paid the highest price and we are still the highest paying buyers. We have won many awards and years ago the *Vancouver Sun* did a survey of the local gold buyers and we were the top buyer paying the best prices.

Why do other newcomer buyers offer 5%, 10% or 20% bonuses? Could it be because they are paying so little and have such large profit margins? It is frustrating to see people in our community being taken advantage of by glitzy advertising such as the TV commercials or road shows and home parties, etc..

Gold Coins and Bars

1 oz. modern, sealed bars	$1,381.27
1 oz gold Maple Leaf	$1,390.22
1 oz. Krugerrand	$1,342.05
Sovereign	$314.29

Antique Jewellery

Silverware

Here's a direct, real comparison over two days of J&M's buying prices with those of a new Vancouver buyer claiming to be the highest buyer

Item/Description	March 4 They Pay*	March 4 J&M Pays	March 7 They Pay*	March 7 J&M Pays
10kt scrap gold, per gram	$13.11	$14.47	$13.14	$14.69
14kt scrap gold, per gram	$18.35	$20.32	$18.40	$20.63
1 oz. Recognized Gold Bar	$1,260.00	$1,368.71	$1,260.00	$1,389.64
1 oz. Gold Maple Leaf Coin	$1,328.00	$1,377.59	$1,338.00	$1,398.65
Sterling Silver, per Gram	$0.60	$0.79	$0.61	$0.81
Silver Canadian Coins from 1966 and earlier, per $1 face value	$14.00	$18.05	$14.00	$18.55

** This includes the 5% bonus they offer.*

Please note: All prices were based on gold @ US1,428.68 and silver @ US35.90 on March 9, 2011, the day when this ad was created and will certainly be higher or lower when you come in.

Silver Coins and Bars

1 oz. silver bar	$35.45
10 oz. silver bar	$355.51
100 oz. silver bar	$3,458.75
1 oz. silver Maple Leaf	$35.55

Watches

Rolex, Vacheron & Constantine, Patek Philipe, Breitling, Omega, Jaeger LeCoultre, Select Cartier, and many other high-end watches.

Canada Collector Coins

1948 $1	$900.00 and up
1890H 50¢	$500.00 and up
1875H 25¢	$200.00 and up
1889 10¢	$350.00 and up
1921 5¢	$4,000.00 and up
1923 1¢	$14.00 and up

Silver Coins *Per $1.00 Face Value*

Canada 1968	$11.23
Canada 1967	$14.35
Canada 1966 and earlier	$18.40
USA 1964 and older	$22.34

Scrap Gold *Per gram*

10kt	$14.60
14kt	$20.51
18kt	$26.42

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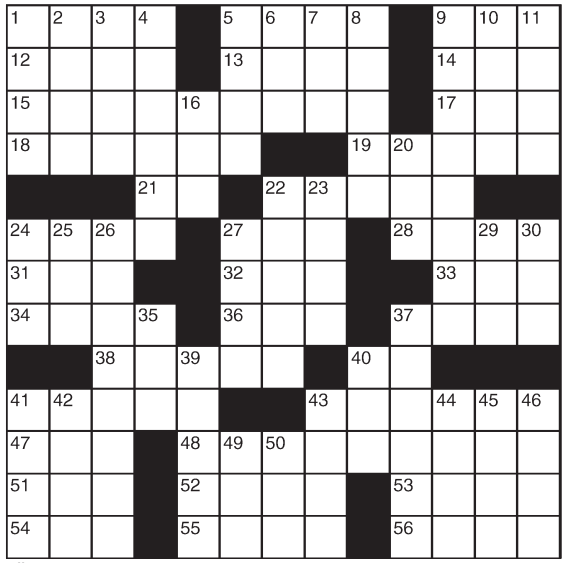
Crossword



Across

1 Teen's woe
5 Cole Porter's "Let's —"
9 "All My Children" airer
12 Surveyor's map
13 Reed instrument
14 Sine — non
15 Tuba's cousin
17 Coffee vessel
18 Rap session?
19 Bit of flora
21 Tagged player
22 Clean the cookware
24 Intl. oil group
27 Ovine remark
28 Band's bookings
31 Sister
32 Mountain
33 "— Lazy River"
34 Never again?
36 Spelling contest
37 Mosque VIP
38 Agrees to
40 Either mate
41 About half of all adults
43 Show clearly
47 "The Greatest"
48 P.E. venue
51 H1N1 ailment
52 Future 19-Across
53 Beige
54 Scot's hat
55 "The Price Is Right" props
56 Collections

Down

1 "Planet of the —"
2 Aid for Sherlock
3 California wine
valley
4 Cultural, in a sense
5 Finished
6 Kimono sash
7 Debtor's letters
8 Beat
9 Fishtank
10 Char
11 Lacks the skills
16 Autumn mo.
20 Drag along
22 Red-tag events
23 Part of a superhero costume
24 Lennon's lady
25 Play on words
26 Warm praise
27 Infant
29 Coll. transcript stat
30 Our uncle
35 — out a living
37 Van Gogh painting
39 Uneasy feeling
40 Eggs
41 Float gracefully
42 Earthenware pot
43 Odd's mates
44 Pleasant
45 Rudely brief
46 Ostriches' kin
49 Verily
50 "Family Guy" daughter

▶ Yesterday's answer

C	O	P	S	■	M	A	R	■	A	J	A	R
O	P	E	C	■	O	W	E	■	B	A	S	E
C	U	P	O	F	T	E	A	■	A	R	I	A
A	S	S	O	R	T	■	P	E	L	H	A	M
■	■	■	P	O	L	■	S	L	O	E	■	■
B	B	C	■	G	E	M	■	K	N	A	V	E
R	O	A	M	■	D	I	X	■	E	D	I	T
A	P	N	E	A	■	L	E	A	■	S	A	C
■	■	B	A	D	E	■	R	I	D	■	■	■
P	H	E	N	O	L	■	O	L	I	V	E	S
L	O	R	D	■	B	O	X	S	C	O	R	E
O	G	R	E	■	O	R	E	■	E	L	I	A
T	S	A	R	■	W	A	S	■	S	T	E	M

Sudoku

1			9	8				3
	5					9	6	
	6			2	1			4
					9			6
		5				7		
4			3					
5			4	6			8	
	2	4					1	
7				3	2			5

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	2	4	6	8	3	5	9	7
5	6	7	2	9	1	3	4	8
9	8	3	4	5	7	2	6	1
4	5	2	8	7	6	1	3	9
6	7	8	3	1	9	4	5	2
3	9	1	5	4	2	7	8	6
2	4	6	7	3	8	9	1	5
8	3	9	1	2	5	6	7	4
7	1	5	9	6	4	8	2	3

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Dear Trixx, thanks for the shoutout. Cuba is going to be a blast. 1 problem about the marriage thing, you're my niece. Call me crazy, but I think that's a little illegal and just plain weird. Love all you crazy girls!

Lunatic, we have this crazy rollercoaster type life an I couldn't ask for anything more. u are truly an AMAZING man in every possible way. ur dedication is my inspiration, never stop fighting for YOUR dream. Truly, madly, deeply, I love u forever & a day baby. **BEAR <3**

Barbie I hope this happy get-well note adds sunshine to your day and shows you that you're thought of in a warm and special way! xoxo **YOURS TRULY, MUFFIN**

I know we're young but I know this love is real. Looking forward to our future together. I love you. **AMY**

Today 11°/4° Partly cloudy
Friday 11°/6° Partly cloudy 40%
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
Everyone gets emotional occasionally, so why deny what you feel? Besides, the planets warn if you keep things bottled up inside for too long, you won't do your health any good.

♉ Taurus April 21-May 21 It would be nice if others would change their ways to accommodate your needs but it isn't going to happen and you know it. If there is something you want, the onus is very much on you to get it.

♊ Gemini May 22-June 21
Don't get involved in new situations without thinking about the potential consequences, first. A little caution in your affairs would not be a bad thing over the next 24 hours.

♋ Cancer June 22-July 22 Life is too short to waste time worrying about things that may never happen. Wake up to the fact that this is not a dress rehearsal — this is life. What can you do that will make a difference in the world?

♌ Leo July 23-Aug.23 Others may not approve of some of the things you do, but that's their problem. Be true to who you are and don't be afraid to be the one who tries something out of the ordinary.

♍ Virgo Aug. 24- Sept. 22
Words come easily to you but they could also work against you, especially if you use them to trick people into believing things that aren't true. Why risk making enemies?

♎ Libra Sept. 23-Oct. 23 You have a lot to do today and if others can't keep up with your relentless pace, that's too bad. There are times you have to get on with life and ignore everything and everyone else.

♏ Scorpio Oct. 24-Nov. 22 Because there have been some difficult aspects over the past few days, you may be struggling to see what there is to smile about. There's plenty. For example, why not get working on your big summer plans?

♐ Sagittarius Nov. 23-Dec. 21 You'll make efforts above and beyond the call of duty today but they'll be worth it in the long term. Your future looks very rosy, but you must stick with your action plan.

♑ Capricorn Dec. 22-Jan. 20
It'd be nice to believe everyone you do business with is honest, but you know it's not true. Don't give anyone the authority to make decisions for you. That's asking for trouble.

♒ Aquarius Jan. 21-Feb. 18 If you come on too strong today, you could scare away someone whose friendship would have been good for you. Watch what you say and, more importantly, watch how you say it.

♓ Pisces Feb. 19-March 20 It may seem like someone is going out of his or her way to make life difficult for you but most likely you're overreacting. Don't say or do anything that may start an unnecessary feud today. SALLY BROMPTON

Caption contest

ERANGA JAYAWARDENA/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

MATTHAIS SCHRADER/ THE ASSOCIATED PRESS

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$25 /month

Unlimited
- **Talk**
- **Text and Picture Messaging**
- **Caller ID**

$10 /month Unlimited Data Add-On

All you can tweet, post, chat, poke, surf, browse, email, share, like invite, navigate, buy sell, date, search, blog and watch.

Available on all unlimited plans.

mobilicity
mobilicity.ca

Taxes are extra. All features included in each plan, must originate within the Mobilicity Unlimited Coverage area. 'Text and Picture Messaging' refers to text and picture messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. © 2011 Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity Stores

Burnaby
Station Square, Unit 139
Crystal Mall, Unit 1639
Coquitlam
562 Clarke Rd, Unit E
(at Como Lake)
Delta
8673 - 120th St, Unit B
Scottsdale Centre
New Westminster
555 6th Street, Unit 135
(in Westminster Centre)
Richmond
8180 No 2 Rd, Unit 128
Aberdeen Mall
Admiralty Centre
Lansdowne Mall
Presidents Plaza
Surrey
10255 King George Blvd
15122 - 72nd Ave, Unit 110
10320 - 152nd Street, Unit 55
Central City Mall
Payal Business Centre
Vancouver
1641 Commercial Drive, Unit 105
568 Dunsmuir St
2390 East Hastings St
6330 Fraser St, Unit 105
1463 Kingsway Ave
3081 Main St
526 West Broadway
Broadway & Commercial Skytrain Station
Harbour Centre
Tinseltown

Mobilicity In-Store Kiosk @ Money Mart

New Westminster
329-389 Columbia St.
Vancouver
1195 Davie St
952 Granville St
2595 Commercial Dr
902 Commercial Dr
Port Coquitlam
2831 Shaughnessy St

Authorized Dealers

Burnaby
Mobo Electronics: 1899 Rosser Ave
Aproman: 4501 North Rd
Coquitlam
Fone Eleven: Coquitlam Center
New Westminster
MVP Electronics: 807 Carnarvon St
North Vancouver
Wireless Accessories: Capilano Mall
Port Moody
iBay Communications: 2929 St. John St
Surrey
Fone Eleven: Guilford Town Centre
Inside PricePro: 6911 King George Hwy
Golden Wireless & Video: 15299 - 68th Ave
Golden Wireless & Video: 589 128th St
City Zone Mobile: 15277 - 100th Ave
Xcellent Wireless: 9200- 120th St
Golden Star Video & Gifts: 9369 -120th St
Vancouver
Vancell Pairs: 3292 E29th St
Voyco Communications: 740 East Broadway
Aproman: 1463 Robson St
Leading Age Computers: 3399 Kingsway